**Solo Freestyle Drama Sheet: 2020 USIS Open National Championship at iFLY Ft. Lauderdale**

Directions: Type in the blanks below (or print, write, scan) and PDF as “Drama Sheet\_full name\_discipline”. Ex.: *Drama Sheet* *Elijah Diamante Freestyle Jr. Open.* Upload to the [Free Routine Videos and Drama Sheets Dropbox File Request Folder](https://www.dropbox.com/request/cNR5wEwkR2ztVC7KrNcY)

Once you are finished with this form, upload your Free Routine Video without music as a static view to the same [Dropbox File Request Folder](https://www.dropbox.com/request/cNR5wEwkR2ztVC7KrNcY), Save as, “ Free Routine\_full name\_discipline”. Ex.: *Free Routine Elijah Diamante Freestyle Jr. Open*

|  |  |
| --- | --- |
| Performer #: (for judge use)  | Performer Name:  |
| State the order in which the compulsory sequences are performed. |
| First Compulsory Round (Round 2):  |  |  |  |  |
| Second Compulsory Round (Round 4): |  |  |  |  |

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| Free Routine Working Time: \_\_\_\_\_\_\_\_\_\_\_ seconds  | The Free Routine Description covers the following rounds:❑ All ❑ 1 ❑ 3 ❑ 5 |
| # | Name of Move / Sequence | Difficulty Value (for judges use) |
| 1 |  |  |
| 2 |  |  |
| 3 |  |  |
| 4 |  |  |
| 5 |  |  |
| 6 |  |  |
| 7 |  |  |
| 8 |  |  |
| 9 |  |  |
| 10 |  |  |
| 11 |  |  |
| 12 |  |  |
| 13 |  |  |
| 14 |  |  |
| 15 |  |  |
| 16 |  |  |

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| **Free Routine Music** (optional) please upload music choice as mp3 or mp4 to [Dropbox File Request Folder](https://www.dropbox.com/request/cNR5wEwkR2ztVC7KrNcY) |
| Song Name:  | Artist:  | Youtube link to song: (optional)  | Start time: (if mid-song)  |